

Quisqueya Eagles Newsletter

<http://www.quisqueya.org>



Friday, January 9, 2009 A.D.

The Most Excellent Way

Happy New Year!!

With a New Year come new changes. QCS constantly



examines programs, practices, procedures, and policies in order to offer the best schooling for students. QCS compares well with its benchmarks -- the best Christian Schools in the United States as well as selected schools overseas. And we implement proven ideas from these schools in order to strengthen QCS.

One such change that many of the finest schools have implemented is starting school later on Mondays. We will start at 8:50 (as opposed to the 9:00 start time advertised) in order to give teachers more time for continuing education and professional development. Enhanced professional development translates into better equipped, more effective teachers, which translates into better learning and engaged students. While we are proud of our high standardized test scores (come to the parent meeting on Jan. 22 at 4:00 to see the data), we will never rest on our laurels. We have been having professional development meetings after school on Mondays, but there are too many conflicts with other activities and meetings, along with the pressure of another meeting for teachers after a long, busy day.

Supervision of students will continue to start at 7:15 -- and at 8:00, the libraries and the computer lab will be open for students to study, check out books, or work on projects. Also, there will be activities available -- from study clubs to athletics.

As with all programs, we will monitor these changes, and your feedback is valued and appreciated: shersey@quisqueya.org

Stop, Look, Listen

Did you stay up and usher in the new year? In just a second we moved from one year to another. We celebrated the passage of time ☺ It has been a tradition in my household to look at the past year seeing God's faithfulness on new year's eve and look to the new year with anticipation. As we stand with our back to the past 12 months and our face toward the new year, we can have hope because we can be sure of God's help. That makes the prospect of a new year worth celebrating. God's Word tells me in Joshua 1:9, *Do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.* As the Lord was with the children of Israel as they entered the Promised Land, so too is He with us as we enter the new year.



As we stand on the threshold of the second semester and the year 2009, we need to keep in mind the new beginnings we receive not only at the start of a new semester, but also each and every day. We need to stop, look and listen on a regular basis to see if we have healthy habits for a good journey of learning in the most excellent way. As the children of Israel followed the cloud or the pillar during their journey, we need to follow the Light He has given in His Word and listen to His voice, saying, *This is the Way. Walk in it.*

May our God be our constant companion as we continue to serve Him in the enterprise of Christian education at QCS.

Welcome to the new year ☺

Starting this Monday and subsequent Mondays, classes will start at 8:50 A.M. in order to give teachers more time for staff meetings and professional development. Students should be on campus at least 15 minutes prior to the start of school.

Introducing . . .
Néhémie Aristide

My name is Marie Néhémie Aristide. I was born into a Christian home in Les Cayes where I grew up. I went to college at the Linguistics Faculty of Haiti in Port-au-Prince. I have my masters in French from the University of the Antilles and Guyana which is located in Martinique. I started to teach at QCS in 2006. My teaching focus has been French at the elementary, middle and high school levels.



I am a born again believer, and in Jesus I live and move and have my being, for without Him I can do nothing. I go to church at Port-au-Prince Fellowship and am involved in women's ministry.

God has blessed me with a wonderful husband, Jean Killick Aristide and three wonderful children: Annie, Elodie, and Nathaniel.

I like cooking, enjoy reading and spending time with my immediate family, my extended family and friends.

Let's face it - English is a crazy language

There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat.

We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig. And why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth beeth?

One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend. If you have a bunch of odds and ends and get rid of all but one of them, what do you call it? If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat?

In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell? How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out, and in which an alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all.

School Calendar

As soon as possible - pick up the report cards from office
 Thursday, Jan 22nd - Annual Parent Meeting
 - in the chapel from 4 – 5 P.M.
 February 23 – 27 - Spring Break – Carnival Break

TUTORING AVAILABLE

To all parents: Mikaelle Cartright, QCS Alumnus '04/ FSU Alumnus '08, is available to tutor children of all ages in Math and Science.

Phone number: 3438 5823 e-mail: mikaellecartright@gmail.com

January Snack Shop Menu

Mon	Tue	Wed	Thu	Fri
5 Beef Tassot Rice and Beans Salad & Fruit	6 Lasagna Garlic Bread Salad & Fruit	7 Chicken in sauce White rice with bean sauce Salad	8 Hamburger French Fries Salad & fruit	9 Fried Turkey Rice & Beans Salad
12 Macaroni and cheese & Chicken wings Salad & fruit	13 Turkey Tassot Rice & beans Salad	14 Hot dog French Fries Fruit	15 Beef in sauce White rice & bean sauce	16 Grilled Chicken Rice & beans Salad
19 Lasagna Garlic Bread Salad & Fruit	20 BBQ Chicken Rice & beans Salad	21 Tuna Fish Sandwiches French Fries Fruit	22 Meatball White Rice with Bean sauce Salad	23 Turkey Griot Rice & beans Salad
26 Gratiné de Potato Salad & Fruit	27 Grilled Chicken Rice & beans Salad	28 Hamburger French Fries Salad & Fruit	29 Beef in Sauce White Rice with Bean sauce Salad	30 Fried Fish Rice & beans Salad

ATTENDANCE AT SCHOOL
SHOULD MY CHILD BE IN SCHOOL WITH THIS ILLNESS?
A note from Miquette Denie, QCS School Nurse!

STOMACH ACHE / VOMITING / DIARRHEA

A child with vomiting and/or diarrhea should be kept at home until symptoms have resolved for approximately 12 hours and the child is able to keep down food and liquid. Consult your doctor if fever and stomach pains persist or your child has poor oral intake and appears dehydrated (dry mouth, no tears, sunken eyes, urinates less than 4 times in 24 hours)/. Remember to wash your hands frequently.

PAIN

EARACHE: Consult your doctor during office hours. To relieve pain, give your child acetaminophen or ibuprofen as recommended by your child's doctor. A child need not miss school due to an ear infection.

TOOTHACHE: Call your dentist.

HEADACHE: A child should be kept at home if headaches are severe and do not respond to acetaminophen or ibuprofen. Consult your doctor should the headaches persist.

COLD / SORE THROAT / COUGH

Children average six to eight colds per year. If cold and cough symptoms are associated with a fever or they do not readily improve, call your doctor. Your child **MAY ATTEND SCHOOL** if there is no fever ($\leq 100^{\circ}\text{F}$). A sore throat, in conjunction with a fever and swollen glands, may indicate strep throat. Call your doctor during office hours to have your child evaluated. Children are no longer contagious 24 hours on antibiotics.

RED EYES

When the white part of the eye appears red and produces a yellow or green crusty discharge: Call your doctor using office hours should these symptoms persist. Your child may need an eye ointment, and **MAY ATTEND SCHOOL** after 24 hours of treatment. Remember to wash your hands frequently. Give your child a **SEPARATE WASH TOWEL AND WASHCLOTH, AND CHANGE PILLOWCASE.**

FEVER

Your child may attend school with a temperature less than 100 F. Fevers are generally signs of infection. Make sure that you have a **THERMOMETER** at home and can readily take your child's temperature. Consult your doctor for the best **ANTI-FEVER MEDICATION** for your child, and if the fever is associated with other symptoms.

RASH

A rash is usually the sign of a **VIRAL ILLNESS**. It may also be a reaction to a medication or chemical (plant, detergents). If your child has an unusual rash or it is associated with a fever, **CONTACT YOUR DOCTOR.**

WHEN YOU CALL YOUR DOCTOR, YOU NEED TO KNOW:

1. The location, color, and texture of the rash.
2. When the rash began.
3. If your child has a fever.
4. If your child has been exposed to other children with contagious illnesses.

Children are sometimes kept home from school for reasons other than illness. Unnecessary absence from school may have a bad effect on a student's progress. Use your own good common sense and remember:

SICK CHILDREN - BELONG AT HOME.

WELL CHILDREN - BELONG AT SCHOOL.